



“Working Well With LGBTQ+ Clients”
Two day continuing professional development (CPD) course
for counsellors and wellbeing professionals

Brief summary of content

The content will be presented in a number of ways, through presentations, small group exercises, pairs work, video, brief experiential exercises, individual reflection, group discussions and anonymised case studies. Over the two days we will look at ‘coming out’, intersecting issues, working with family members and partners and talking about sex and sexuality.

Day 1 - A focus on gender identity

- Transgender awareness
- Language including definitions, terms and labels
- Stereotypes
- Barriers to accessing therapy
- Beyond the binary
- Young people
- Treatment pathways
- Useful resources

Day 2 - A focus on sexual orientation (lesbian, gay and bisexual)

- Language including definitions, stereotypes, labels and acronyms
- Barriers to seeking help for LGB clients
- Internalised homophobia and biphobia
- BACP ethical framework
- Useful resources

Additional reflective practice assignment

In order to receive a CPD certificate “Working with LGBTQ+ clients” there is a requirement to complete a short piece of work after attendance on the 2 day course.

This will be a reflective practice assignment using the BACP CPD guidelines focusing on how you will work with LGBTQ+ client issues, for example core conditions, self –disclosure and use of supervision.

It can be completed in a way that is easiest for you, for example, typed up using the Word template document supplied on the course or recorded via video or audio and emailed to Max Cohen for verification.